



Your Subcutaneous Biologic Medication Process

FROM PRESCRIPTION TO A HEALTHIER YOU

We are here to guide and support you through the process after your provider prescribes a subcutaneous (self-injectable) biologic medication.



TYPICAL
PROCESSING TIME
3 – 4 WEEKS

May vary depending on
your insurance plan, its
requirements, and whether
the medication is approved
or denied.

1



PRESCRIPTION SENT TO FORUS

Your provider has prescribed a subcutaneous biologic medication. The prescription is sent to Forus, a third-party organization that works with our office to complete the prior authorization process with your insurance.

2



INSURANCE AUTHORIZATION

Forus submits the prior authorization and works with your insurance company. You will receive a text and/or phone call from Forus letting you know they are working on your prescription. Forus will keep you updated throughout the process and notify our office once a determination is received.

3



IF YOUR MEDICATION IS APPROVED

Forus will determine which specialty pharmacy (SP) your insurance prefers and forward the prescription to that pharmacy. You will be notified once the prescription has been sent. The specialty pharmacy will then contact you to arrange delivery of your medication.

4



IF YOUR MEDICATION IS DENIED

Forus will notify our office. We will review the denial with your provider to determine the next step, which may include an appeal or a change in therapy. Our office will contact you once your provider determines how they would like to proceed.

5



ENROLLMENT & FINANCIAL ASSISTANCE

If needed, you may be asked to complete manufacturer enrollment and/or Patient Assistance Program (PAP) forms to help lower your out-of-pocket cost. These programs are based on income and other requirements. See more details on the back page.

6



RECEIVE YOUR MEDICATION & SCHEDULE YOUR FIRST INJECTION

Once you receive your medication through the mail, contact our office to schedule a nurse visit for your first injection. We recommend administering the first dose in the office so we can:

- Monitor for any potential allergic reactions
- Provide injection training
- Answer any questions or concerns
- Ensure you are comfortable with proper administration



HOW YOU CAN HELP

Your involvement can help prevent delays and ensure a smooth process.



RESPOND TO FORUS CALLS & TEXTS

Forus may contact you by phone or text with updates or to request additional information. Please respond promptly so we can keep your prescription moving forward.



KEEP YOUR INSURANCE UPDATED

Notify our office right away if you have any changes to your insurance plan or pharmacy benefits. Insurance changes may require a new prior authorization.



COMPLETE REQUESTED FORMS PROMPTLY

Complete any enrollment or PAP forms requested by our office or the manufacturer. These programs may require proof of income (such as a tax return) or other documentation.



WORK WITH THE SPECIALTY PHARMACY

Once approved, the specialty pharmacy will contact you to verify information, discuss cost, and schedule delivery. The medication cannot be shipped until you complete this step.



CONTACT US WHEN IT ARRIVES

Once you receive your medication, contact FBRA at **(281) 980-1742** to schedule your first-injection nurse visit.



FINANCIAL ASSISTANCE INFORMATION

Copay Cards (Commercial Insurance)

Many manufacturers offer copay cards to help lower your out-of-pocket cost. The manufacturer will process the enrollment and provide the copay card for you to use with your insurance.

Patient Assistance Program (PAP)

PAP is based on income and family size. The manufacturer may request documents such as a tax return. Depending on the medication, both commercial and Medicare patients may be eligible.

Medicare & Extra Help

If you have Medicare and do not qualify for manufacturer assistance, you may need to apply for the **Medicare Part D Extra Help program**. This program helps people with limited income and resources lower or cut their Part D costs, including deductibles and copays. You can apply anytime before or after you enroll in Part D.



HAVING FINANCIAL HARDSHIP?

If you are experiencing financial hardship, please contact our office. We can explore additional assistance options and discuss with your provider if an alternative treatment may be more appropriate for your situation.



FREQUENTLY ASKED QUESTIONS



How long does the authorization process take?

Please allow approximately 3 – 4 weeks. Processing time varies depending on your insurance requirements and whether the medication is approved or denied.



What happens if my medication is approved?

Forus will determine your insurance-preferred specialty pharmacy and forward the prescription. The specialty pharmacy will contact you to arrange delivery.



What happens if my medication is denied?

Forus will notify our office. We will review the denial with your provider. The next step may include an appeal or a change in therapy, and our office will contact you with your provider's recommendation.



What if my medication is too expensive?

Options may include a manufacturer copay card, PAP, Medicare Extra Help, or discussing alternative treatment options with your provider.



Why should I receive my first injection in the office?

A nurse visit allows us to teach you how to administer the medication, answer your questions, ensure you feel comfortable, and monitor for a potential allergic reaction.